





# TAPAS: Training Adapted Personalised Affective Social Skills with Cultural Virtual Agents

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### TAPAS: Background

Increase of people who are not good at social communication and social anxiety disorder in schools and workplace (3 to 13%)

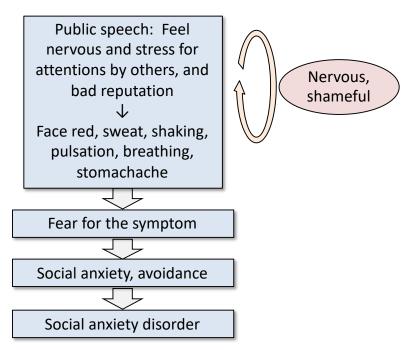
Try to solve by verbal / non-verbal interactive training system by Embodied Conversational Agent (ECA)

• Target: general populations, Autism (ASD: Autism Spectrum Disorder), Schizophrenia, SAD: Social Anxiety

Disorder

• Behavioral training: Apply Social skills training (SST)

Cognitive training: Apply <u>Cognitive Behavioral Training (CBT)</u>





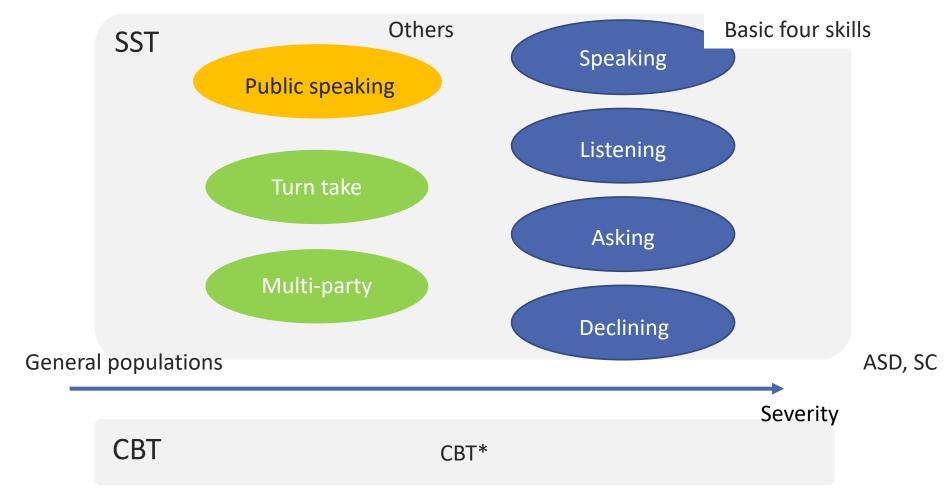








### SST skills and Target populations



\*CBT is used independent to severity













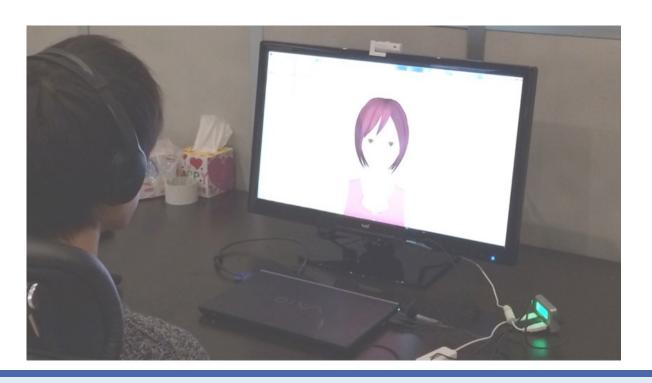


### Automated social skills trainer

Training tools for social communication difficulties

People with autism have good systemizing skills [Baron-Cohen et a., 2009]

Target skill: speaking skills [Tanaka, et al., 2015] and listening skills [Tanaka, et al., 2020]









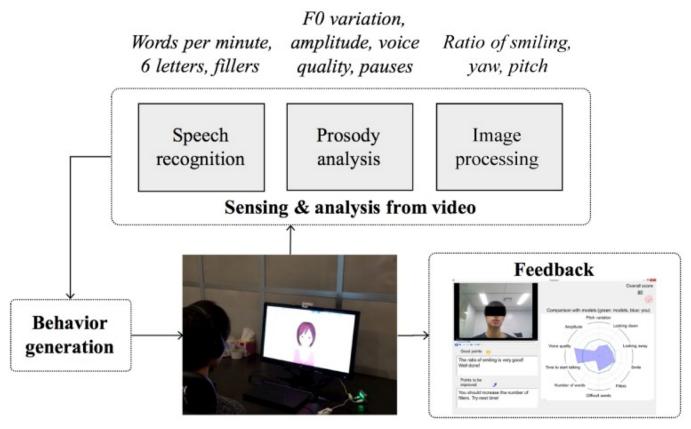






# Role-play

### Analyze behaviors of users and generate agent's actions



Features based on [Tanaka et al., 2014]











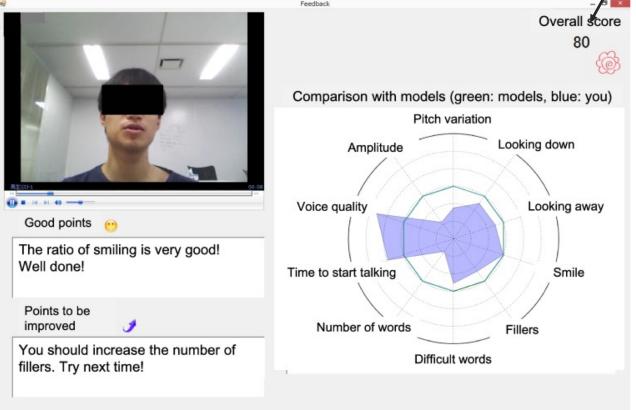




# Summary feedback

After role-play, the system displays feedback

Repetitive training until mastery



Multiple Linear regression on subjective ratings

(input: words per minute, amplitude, words over six letters, and smiling ratio)













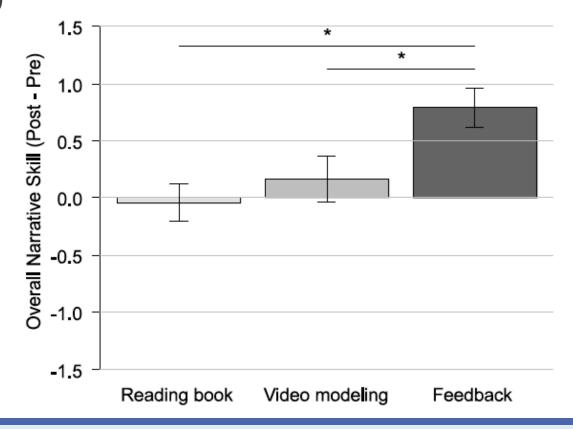


### Training effect

Overall narrative skill: 17 subjects, average of two students' ratings (1 to 7)

One-way ANOVA: (F[2,24]=4.70, p<.05), Post hoc comparisons with Bonferroni's

correction (p<0.05)













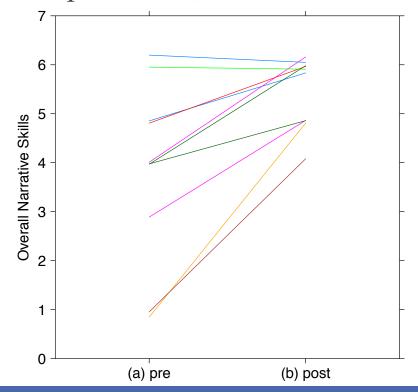


### Children with autism spectrum disorders

Communicate to unfamiliar person (pre and post)

Overall narrative skill: clinical psychologist's rating (1 to 7)

Pre-post comparison (p = 0.002, Cohen's d = 1.17)

















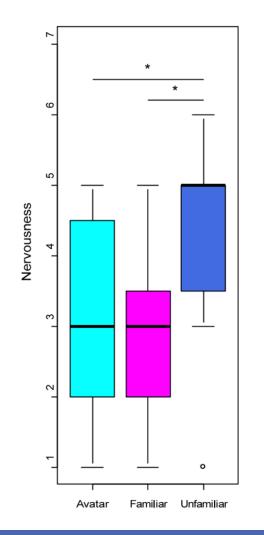


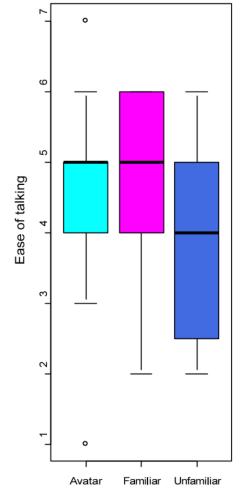


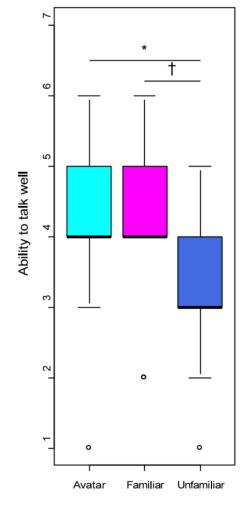
# Human-human and human-agent interaction

















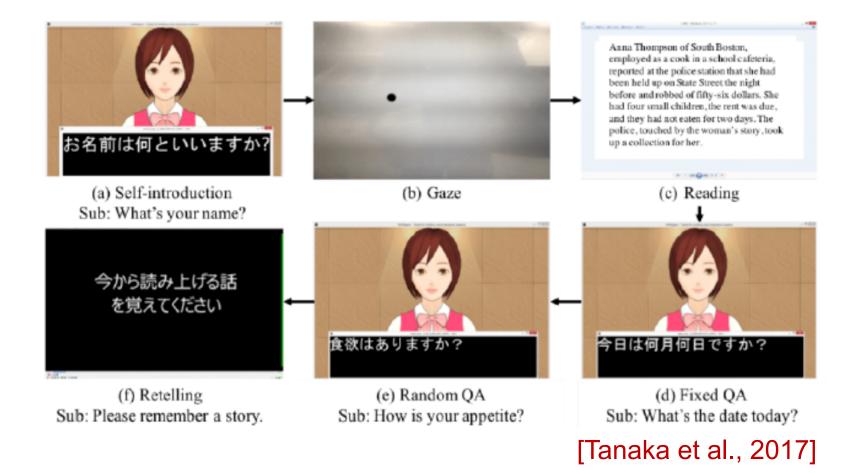






### Detection of early stage of dementia

10 minutes interaction: 12 early stage of dementia and healthy control













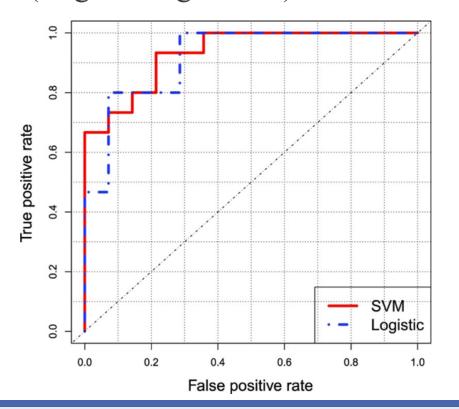


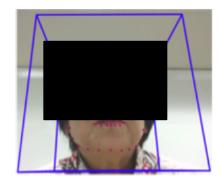
### Multimodal-based classifiers

Answers to fixed questions: e.g. what is the date today?

Areas under the ROV curve

• 0.90 (SVM), 0.88 (Logistic regression)





Features: response gap, language, speech, face etc

















### TAPAS: Goal and contribution

### Verbal / non-verbal interactive training system by ECA in everyday situation

- Theoretical framework of social interaction inspired by social psychology: WP1
- Behavioral emotion sensing, behavior measurement: **WP2**
- Virtual agent that acts as a coach or member of the audience: WP3
- Collect and model training and build dialogue based on SST and CBT: WP4
- Scenario setting and evaluation: WP5

### **Expected Contributions**

- Evidence-based SST and CBT in VR environment by non-verbal / verbal integrated dialogue
  - Dialogue system research with the above functions has not been developed
- Online / summary feedback, dynamic training according to user's skill
  - Considering verbal / non-verbal information, SST- and CBT-based online and summary feedback are new.
- Communication training with various difficulty levels
  - There is no research corresponding to one-to-one (coach / audience role), one-to-many, many-to-many situations, and difficulty levels
- Comparative consideration of cultural differences between Japan and France







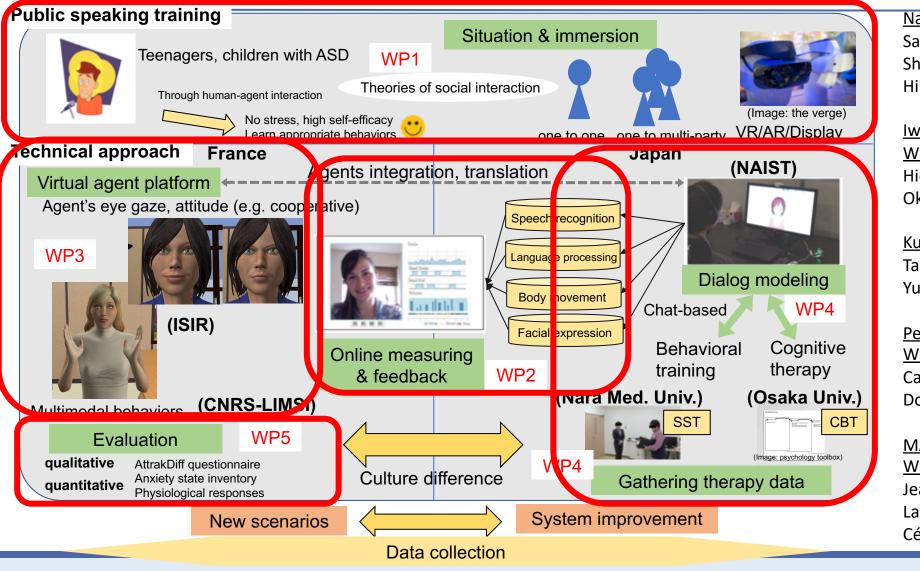








### Organization



#### Nakamura G NAIST (WP2, WP3, WP4, WP5)

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### <u>Iwasaka G Nara Med. Univ. (WP1, WP4, WP5)</u>

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Takashi Kudo, Hiroyoshi Adachi Yukako Sakagami

### Pelachaud G (France CNRS-ISIR) (WP1, WP3, WP5)

Catherine Pelachaud Donatella Simonetti

### MARTIN G (France CNRS-LIMSI) (WP1, WP2, WP5)

Jean-Claude MARTIN Laurence BOLOT Céline CLAVEL















### WP1: Theoretical framework

#### Collaboration with other research groups

#### SST scenario

- Bellack model
- Self-introduction, motivation, modeling, role-playing, feedback, homework

#### CBT scenario

- Beck model
- Cognitive reconstruction

Based on the above scenarios

Virtual agent adaptively change behaviors as human do



















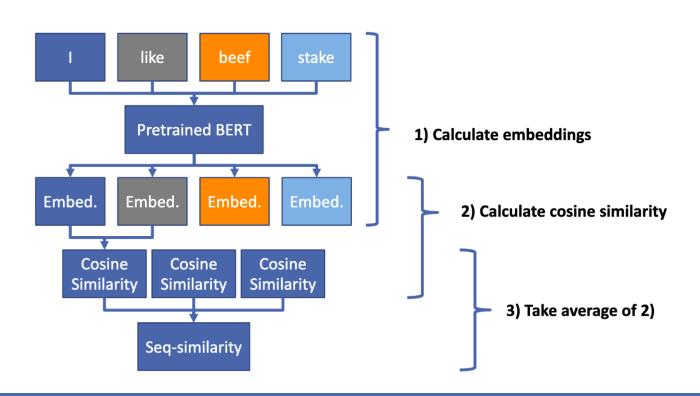


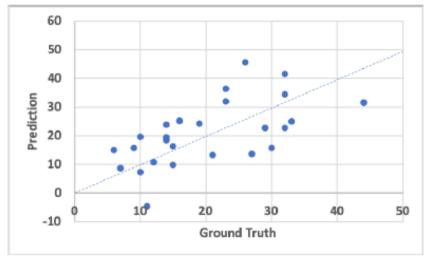
# WP2: Behavior sensing on SST

Predicting Social Responsiveness Scale-2 (SRS2)

Input BERT similarity, speech and action units (n=27) [Saga et al., 2020]

Correlation coefficient for SRS2 = 0.6





#### Feature weights

Name	Coefficients
Fluency	-595.7
Energy	74.0
F2/F1 Mean	32.5
F2/F1 SD	-30.2
Int SD	13.6













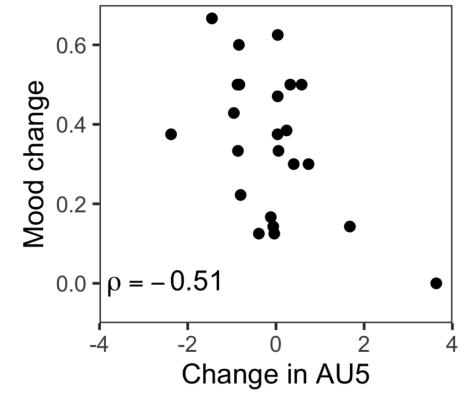


### WP2: Behavior sensing on CBT

Analysis of action units during CBT with virtual agent

AU5 is related to the mood change (n=23) [Shidara et al., 2020]

















### WP3: Virtual agent

Platform: Greta Ogre3D

Speech recognition: Google ASR

Speech synthesis: CereProc TTS, Lip synch

Connection: Java ActiveMQ

Character: Original (anime and real)

Head nodding







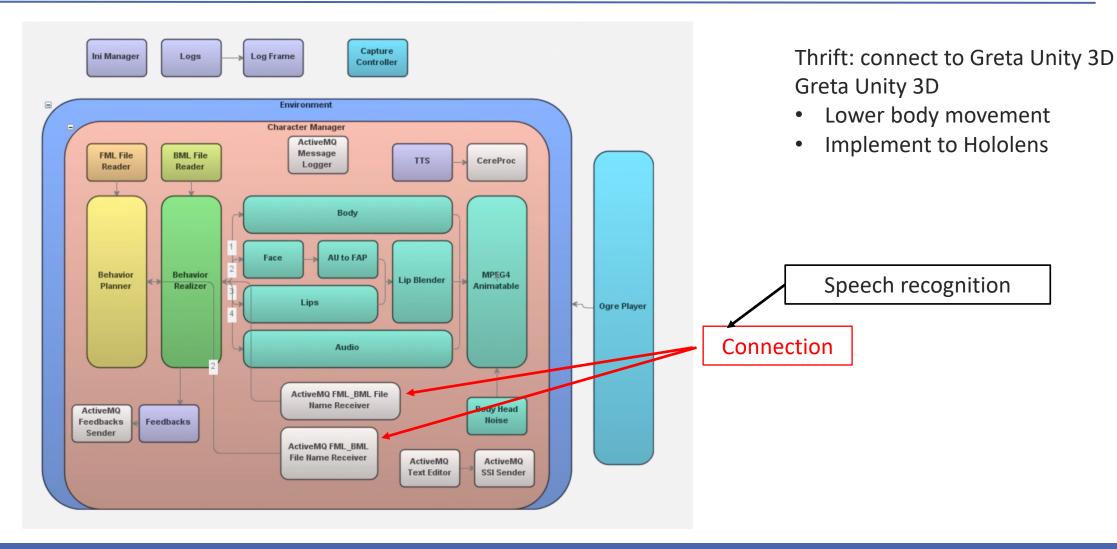








### Greta details









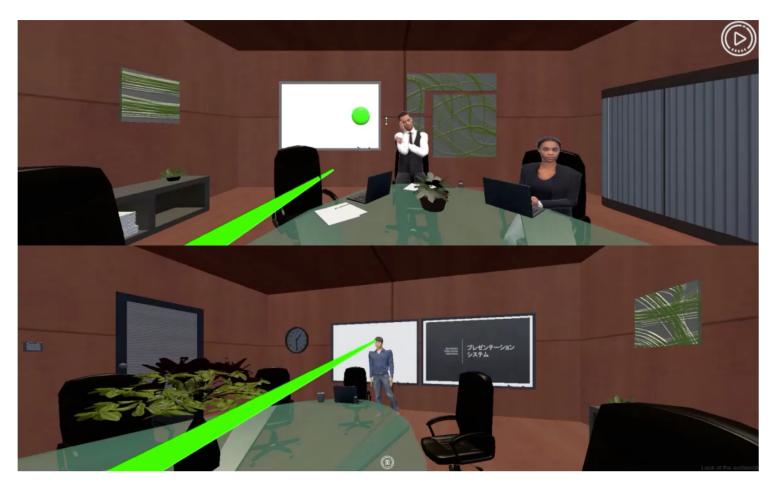






# Greta Unity towards VR/AR

Presentation in head mount display [Zhou et al., 2020]

















# WP4: Social skills training (SST)

Medically established method for behavior training

Flow: Situation setting-> Motivation -> Modeling-> Role play-> Feedback-> Homework

1 period: about 1 hour  $\times$  10 times



Language: words, expression, consistency, coherence, causality, etc.

Speech: pitch, speaking speed, filler, voice quality, amplitude etc.

Image: facial expression, gesture, posture, eye gaze etc.















### SST data collection

Start 2020.9-, annotation, diagnosis (ASD, Schizophrenia)





Due to COVID-19, need partition





2\*Kinect 2\*Face 1\*whole















# Dialogue

#### Nara Medical Univ. and NAIST



Hello. I'm tapas. What is your name? Hello, hundred's. How have you been recently? Was that so, today we will learn speaking skills together. Why do you think speaking skills are important?

Thank you very much. When you have a difficult time, you tend to focus on yourself. You can increase your sense of solidarity with others by looking at others and the good things and communicating them appropriately.

...

Let's do role-playing. Tell me your recent fun story. Then please.

Yes, this is all right. Thank you very much. We will calculate the result, so please wait. Now for feedback.

••

Use the skills you learned today in your daily life. Thank you very much. See you again.















# Cognitive behavioral therapy (CBT)

#### **CBT**: Cognitive Behavior Therapy

- Medical method to change the schema (cognitive tendency, belief)
- Psychotherapy-based instructional method
- Cognitive Reconstruction, Behavioral Activation, Situation Analysis, Problem Solving, Progressive Relaxation, Assertion, Schema Modification

#### This study uses Cognitive reconstruction

- Change schema depended on only minimal information
- Situation setting-> initial mood-> automatic thinking-> disapproval-> adaptive thinking-> change in mood-> analysis (homework)
- 1 period: 30 minutes or more (usually 4-50 minutes) x 16 times

	Cognitive Therapy Record	ECA Dialogue
Situation	Pointed out my small voice in presentation, and weakness logicality by the audience.	Situation breakdown
Initial score	Discouraged(80)、Sad(90)	Describe emotion state
Negative thinking	I am not able to present in front of audience. I am not good for this job.	Extract tendency
	My voice is small in general. I am not able to explain logically.	Extract evidence
	There are many people who give a good presentation in small voice. It is possible to present logically if I prepare well in advance.	Provide information to guide for extracting counter thinking.
Change thoughts	I can give a good presentation even voice is small. I will prepare more in advance	Extract alternative thinking
score	Discouraged(20)、Motivated(80)	Recognize change of thoughts







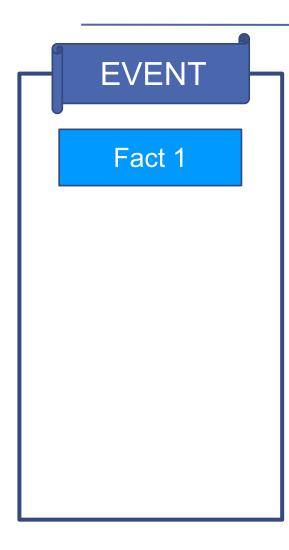








### Event and Fact











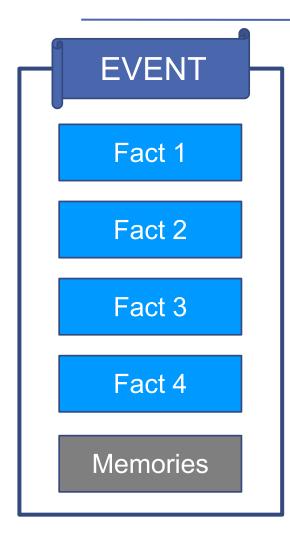








# Facts and memory











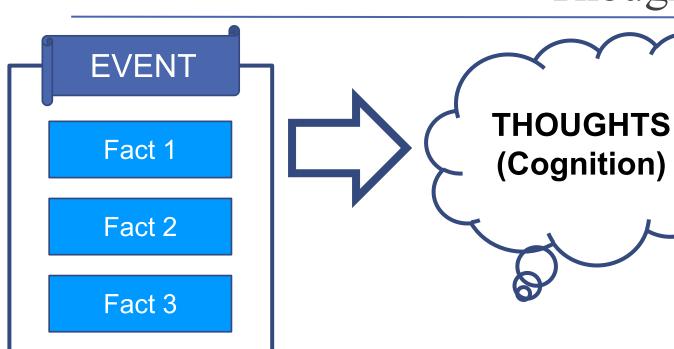
Fact 4

Memories





# Thoughts







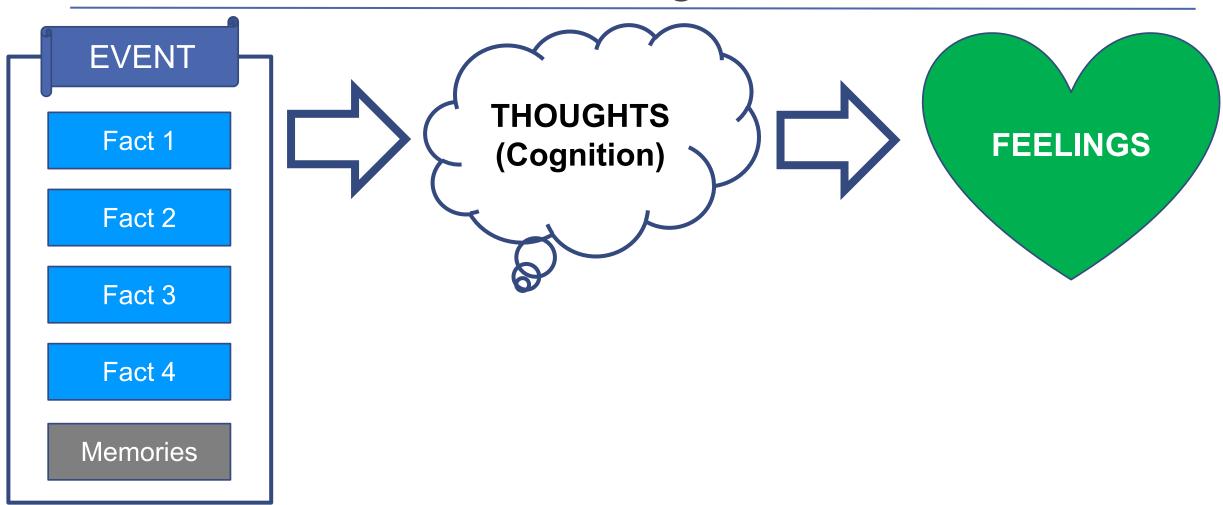








# Feelings







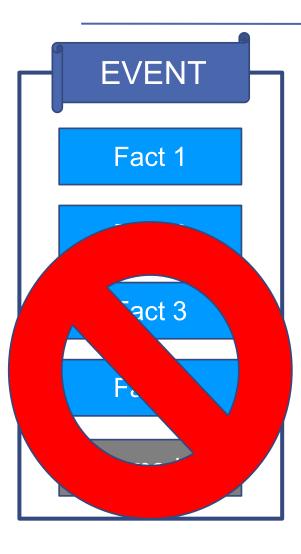








### Limited facts









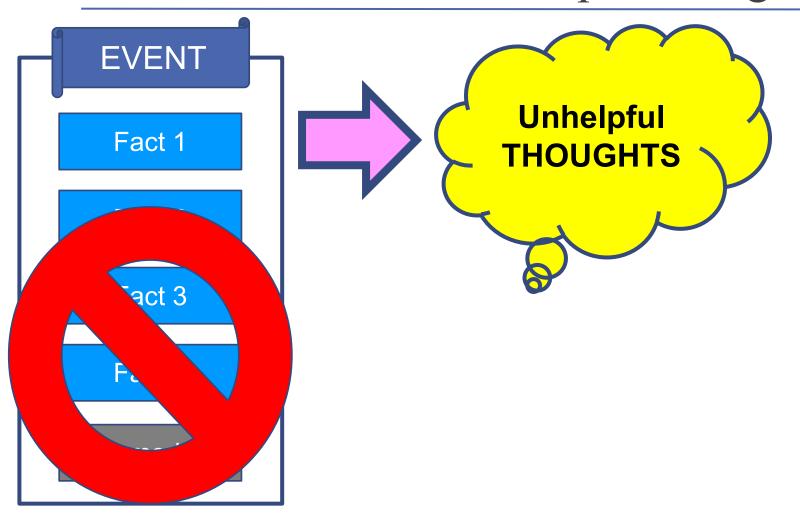








# Unhelpful thoughts







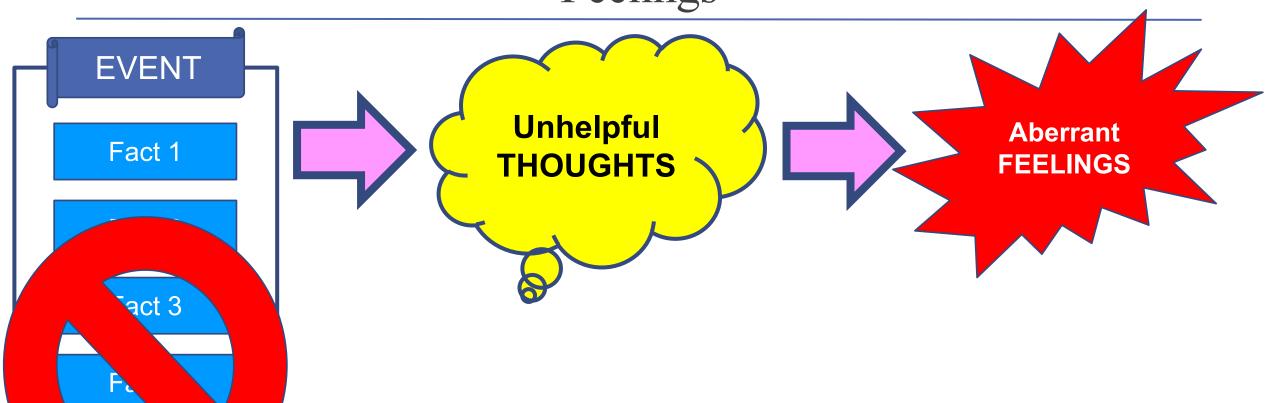








# Feelings





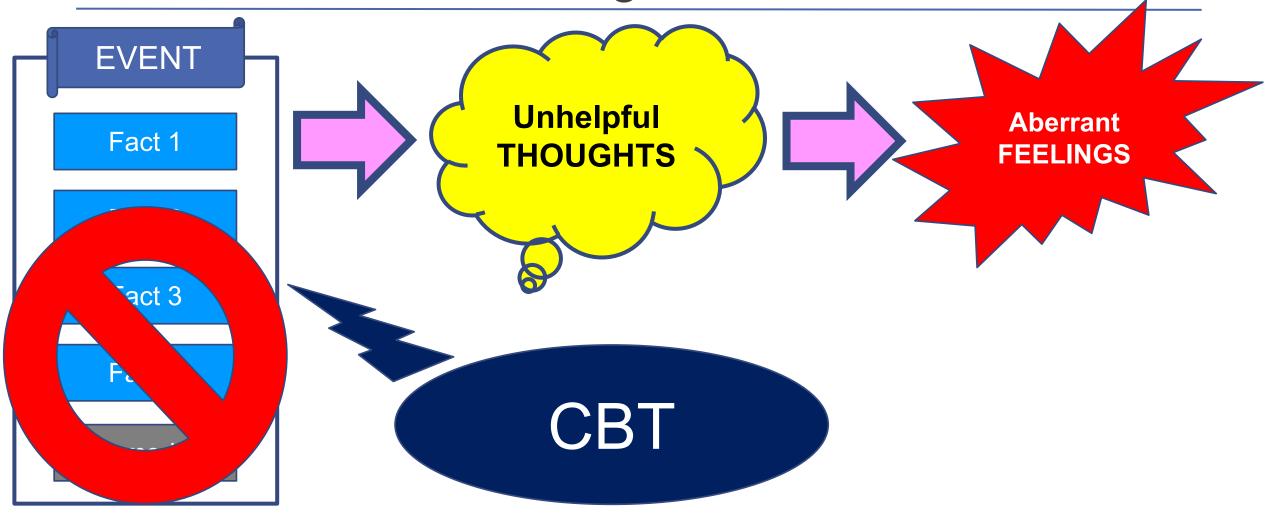


















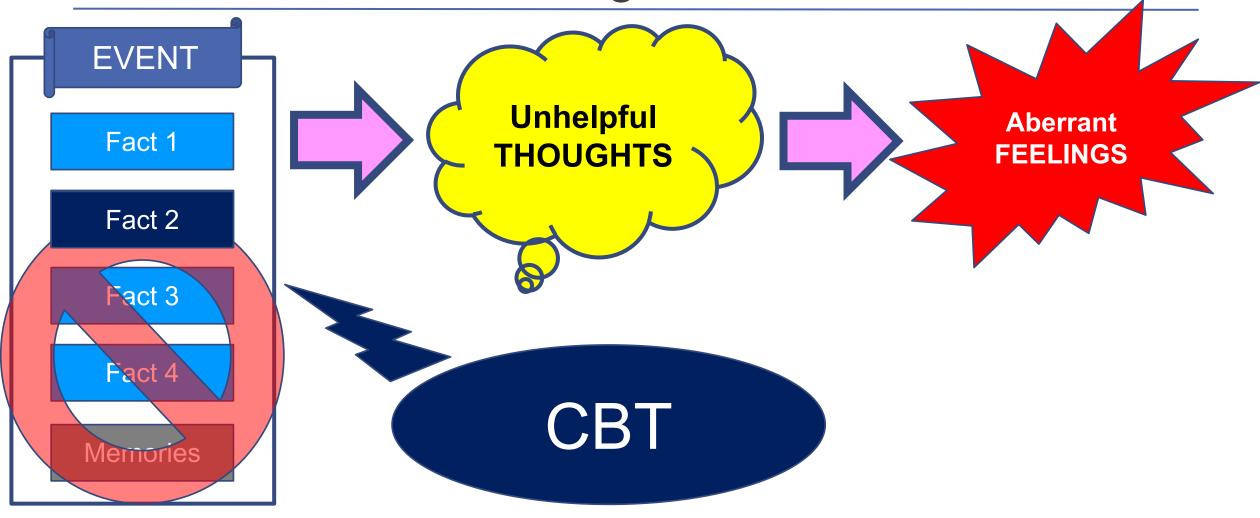
















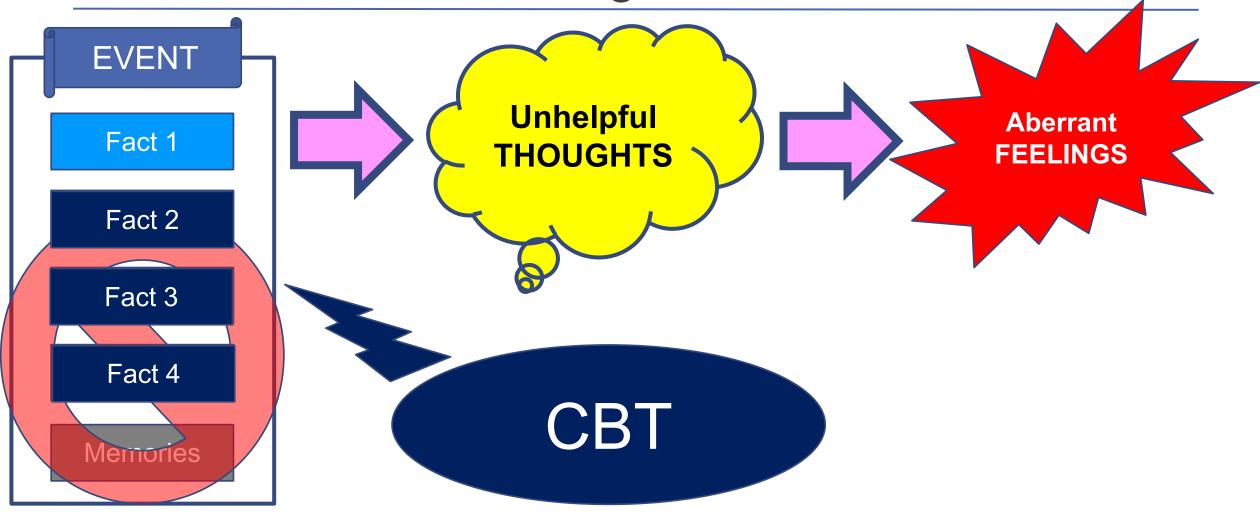
















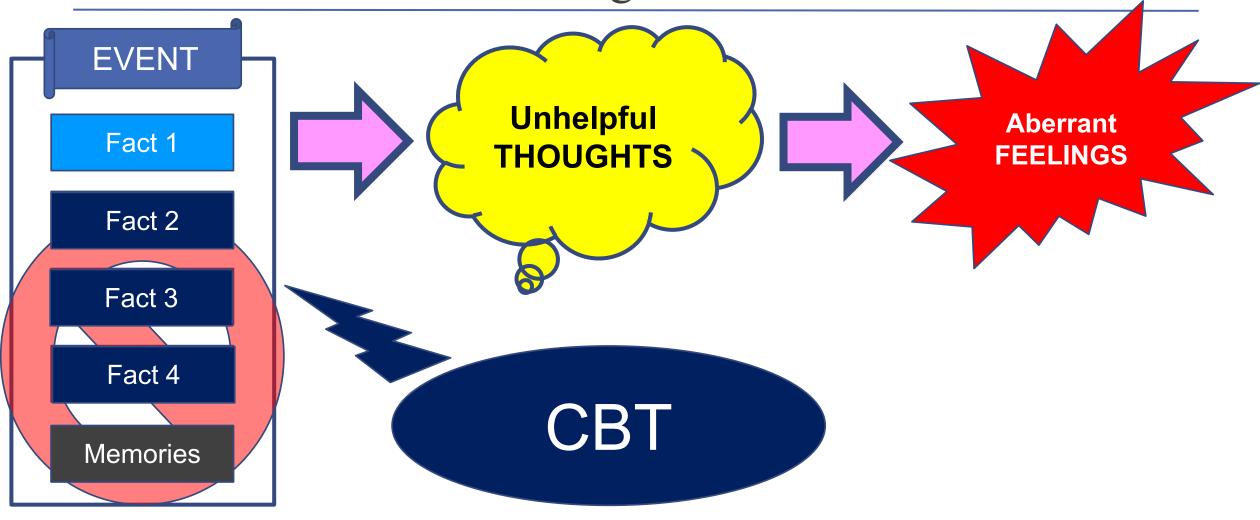














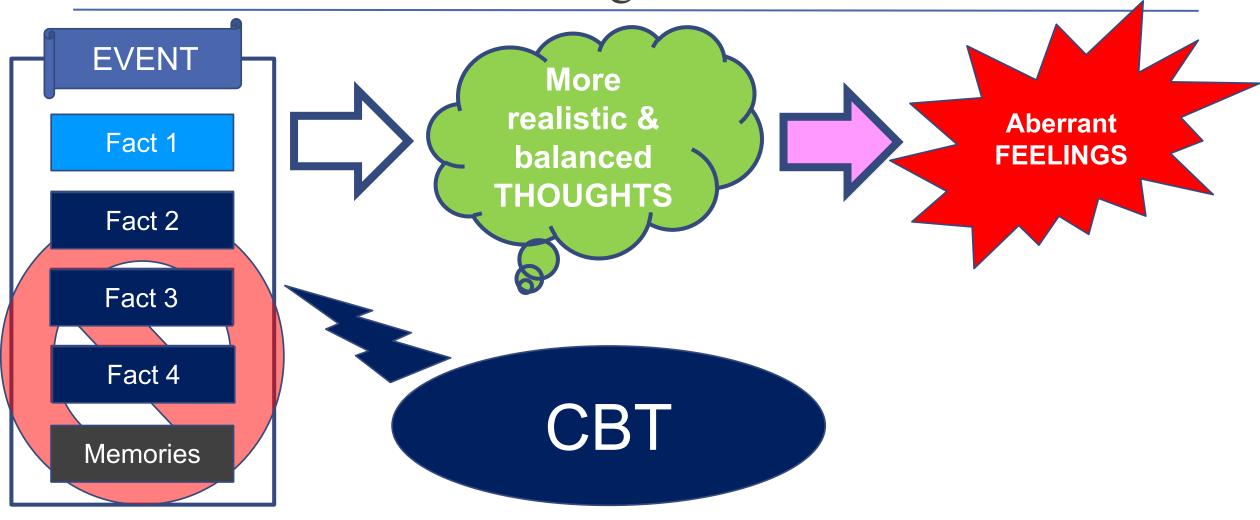














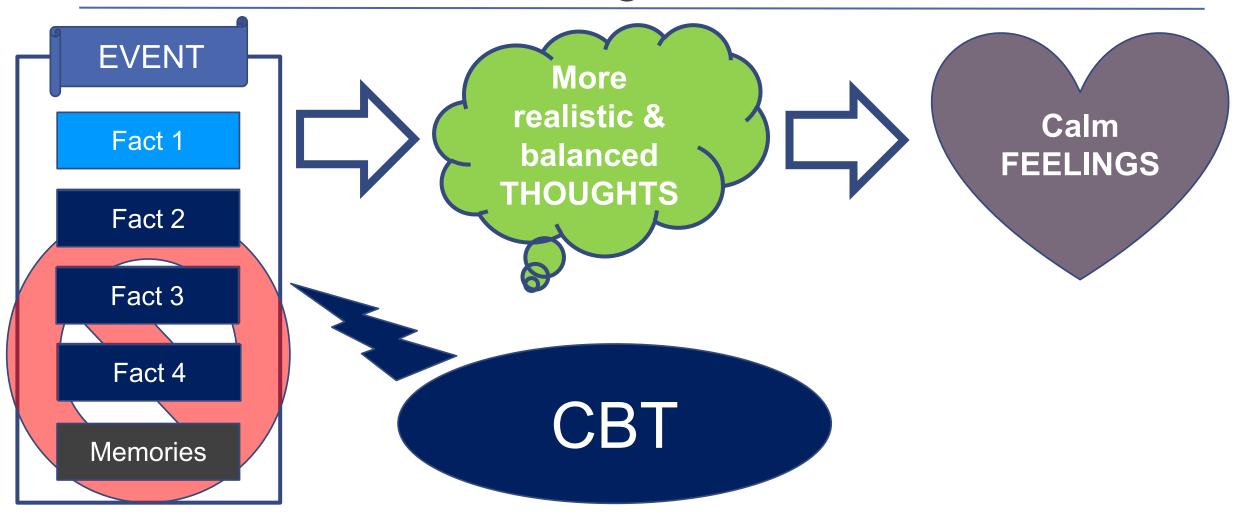


























# Basic dialogue

#### Osaka Univ. and NAIST

Item	Sentence	
	Hello, my name is Mai, and I am a therapist. Come join me in training to face your worries.	
Situation	Is there anything that's been bothering you lately that's been difficult to deal with or to face?	
	Please tell me something that you think is painful or burdensome.	
Mood	How did your mood change at that time?	
Mood score (0 to 100%)	How would you describe the intensity of your mood from 0 to 100?	
Automotic thought	I want to know why you felt like that in that situation.	
Automatic thought	What thoughts came to your mind when you faced that event?	
	I see	
Proof	Such thoughts that surface when faced with certain events are called automatic thoughts.	
Floor	Since automatic thoughts are unconscious, they sometimes seem true.	
	If your automatic thought is correct, what do you think it is based on?	
Disproof	So, do you have another view about that situation?	
Disploor	For example, does anything contradict your automatic thinking?	

•















# CBT experiment

Virtual agent (MMDAgent [Lee, et. Al., 2013])

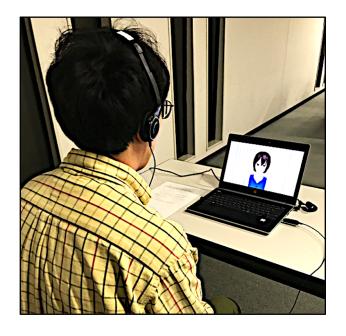
Multimodal interaction (+text-chat)

#### **Participants**

• 23 university students

Interaction with virtual agent

- Same procedure dialogue
- Turn change is done by pressing buttons













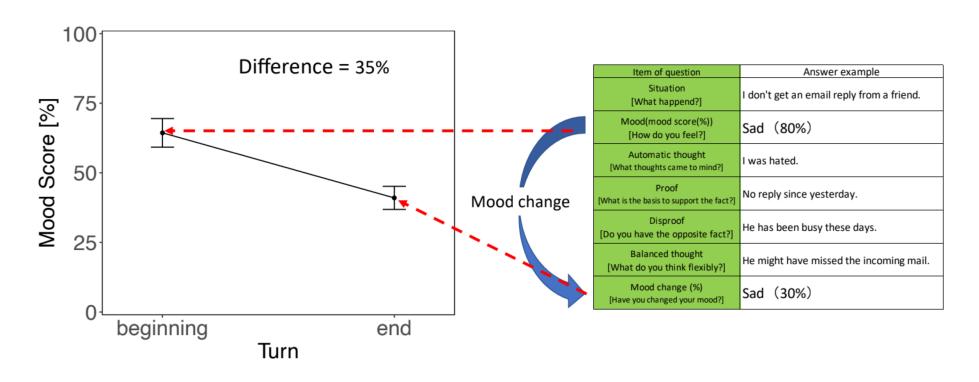


### Mood score improvement

Human-based CBT [Persons et al., 1980] used mood change

Mood change during CBT by the virtual agent\*

\*Decrease in negative feelings (sad, etc)













### Evaluation

#### Assessment

- Social Responsiveness Scale (SRS2)
- K6
- QIDS
- Toronto
- Self efficacy
- ADOS
- Emotion Discrimination task etc

EEG: detecting incongruity and affective state

Eye tracking study















### ICMI workshop (SAMIH)

https://sites.google.com/view/wsamih/home



Utrecht, the Netherlands, October 29, 2020 -Virtual conference -

#### Workshop description:

Social Skill Training is often used in the multimodal Interaction research community as an umbrella term for systems that aim at training social skills: managing appropriately verbal and nonverbal behaviors when interacting with one or more persons, in relation with various communicative functions such as turn taking and emotions.















### Reference

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Kazuhiro Shidara, Hiroki Tanaka, Hiroyoshi Adachi, Daisuke Kanayama, Yukako Sakagami, Takashi Kudo, Satoshi Nakamura, Analysis of Mood Changes and Facial Expressions during Cognitive Behavior Therapy through a Virtual Agent, Adjunct of the 2020 International Conference on Multimodal Interaction (ICMI), Workshop on Social Affective Multimodal Interaction for Health, Oct. 2020.















# CBT data [Beck and Beck, DVD]







