

# ANR-CREST 2109 TAPAS: Training Adapted Personalised Affective Social Skills with Cultural Virtual Agents

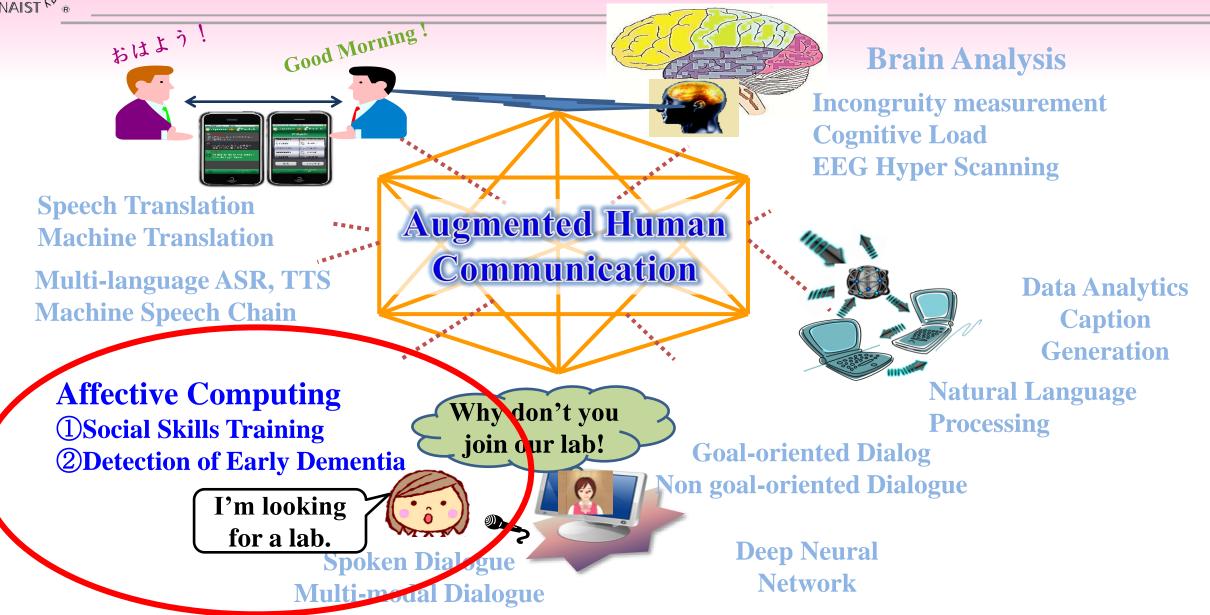
JP: PI Satoshi Nakamura, Ph.D (NAIST)
Hiroki Tanaka, Ph. D (NAIST)
Takashi Kudo, M.D (Osaka University)
Hidemi Iwasaka, M.D (Nara Medical University)

FR: PI Catherine Pelachaud, Ph.D (CNRS-ISR, Sorbonne U) Jean-Claude Martin, Ph.D (CNRS-LIMSI)





### Research Topics at AHC-lab, NAIST





### 1. Social Skills Training

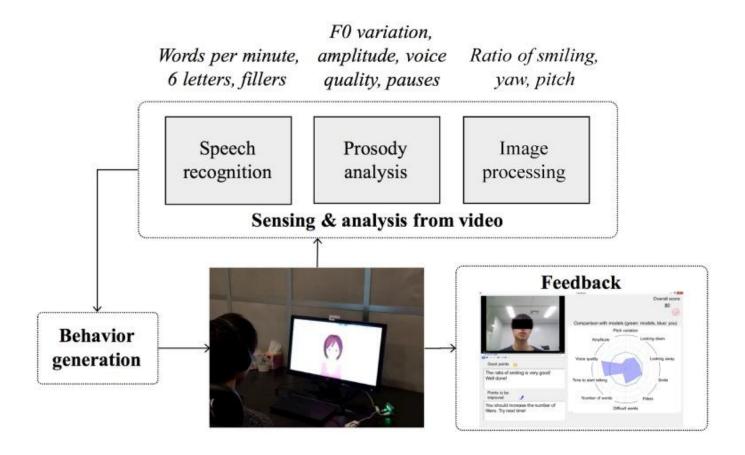
- ▶ Training tools for autism spectrum disorders
- ▶ People with autism have good systemizing skills
- ▶ Speaking skills [Tanaka, et al., 2015] and listening skills [Tanaka, et al., 2019]





### Role-play

Analyze behaviors of users and generate avatar actions

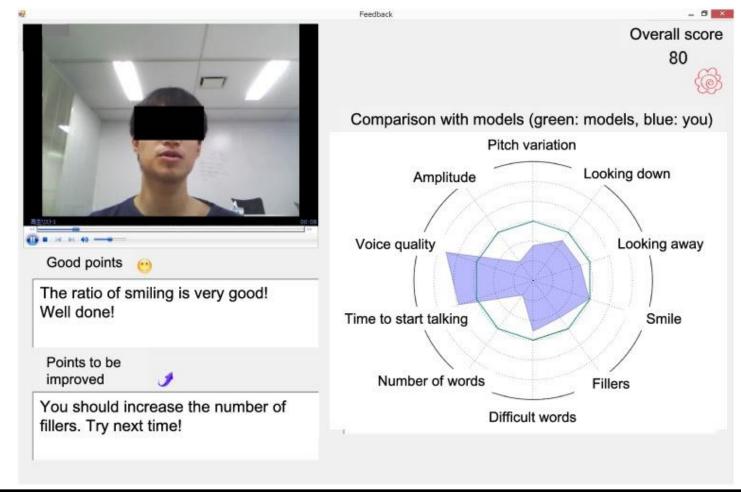


Features based on [Tanaka et al., 2014]



### Summary feedback

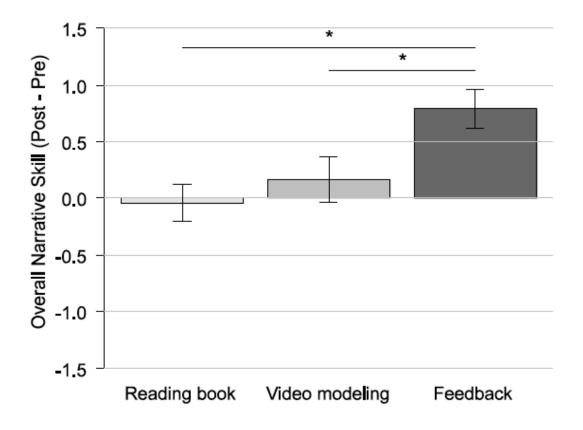
- ► After role-play, the system displays feedback
- Repetitive training until mastery





### Training effect

- One-way ANOVA: (F[2,24]=4.70, p<.05)</p>
- ▶ Post hoc comparisons with Bonferroni's method: significantly different between feedback and reading book (p<0.05)</p>

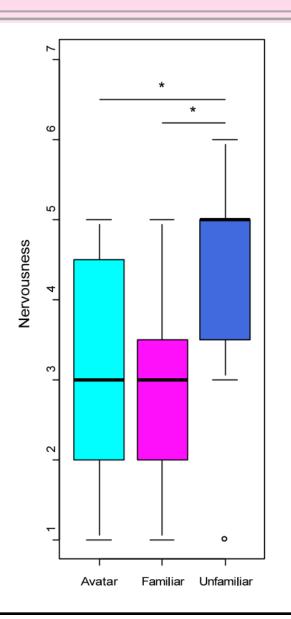


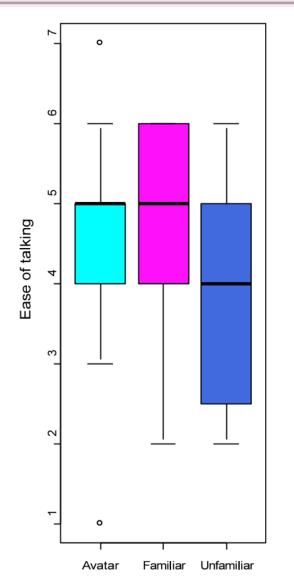


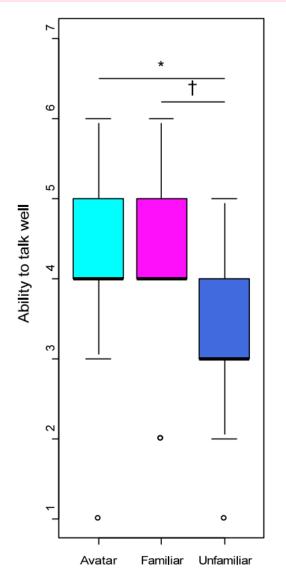
### Human-human and human-agent interaction







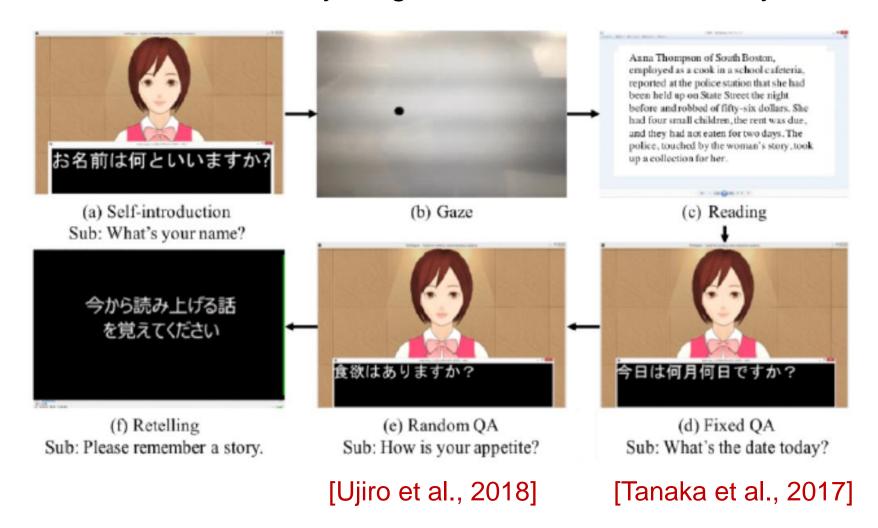






### 2. Detection of early dementia

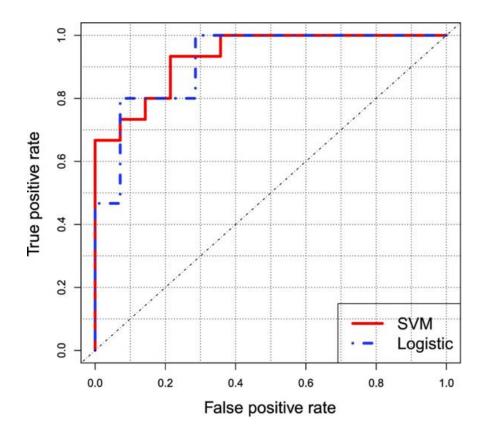
▶ 10 minutes interaction: 12 early stage of dementia and healthy control





### Multimodal-based classification

- Answers to fixed questions: e.g. what is the date today?
- Areas under the ROC curve
  - 0.90 (SVM), 0.88 (Logistic regression)





Features: response gap, language, speech, face





# ANR-CREST (2019-2024) TAPAS: Training Adapted Personalised Affective Social Skills with Cultural Virtual Agents

JP: PI Satoshi Nakamura, Ph.D (NAIST)
Hiroki Tanaka, Ph. D (NAIST)
Takashi Kudo, M.D (Osaka University)
Hidemi Iwasaka, M.D (Nara Medical University)

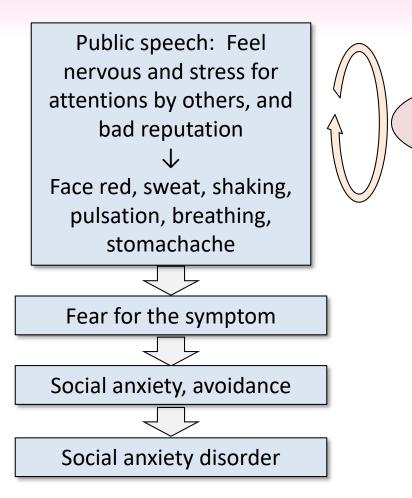
FR: PI Catherine Pelachaud, Ph.D (CNRS-ISR, Sorbonne U) Jean-Claude Martin, Ph.D (CNRS-LIMSI)





### Research background and objectives

- Increase of people who are not good at social communication and social anxiety disorder in schools and workplace (3 to 13%)
- Try to solve by verbal / non-verbal interactive training system by Embodied Conversational Agent
  - Target population: general population, depression, autism spectrum disorders, schizophrenia
  - Behavioral training: apply Social Skills Training (SST)
  - Cognitive training: apply Cognitive Behavioral
     Therapy (CBT)

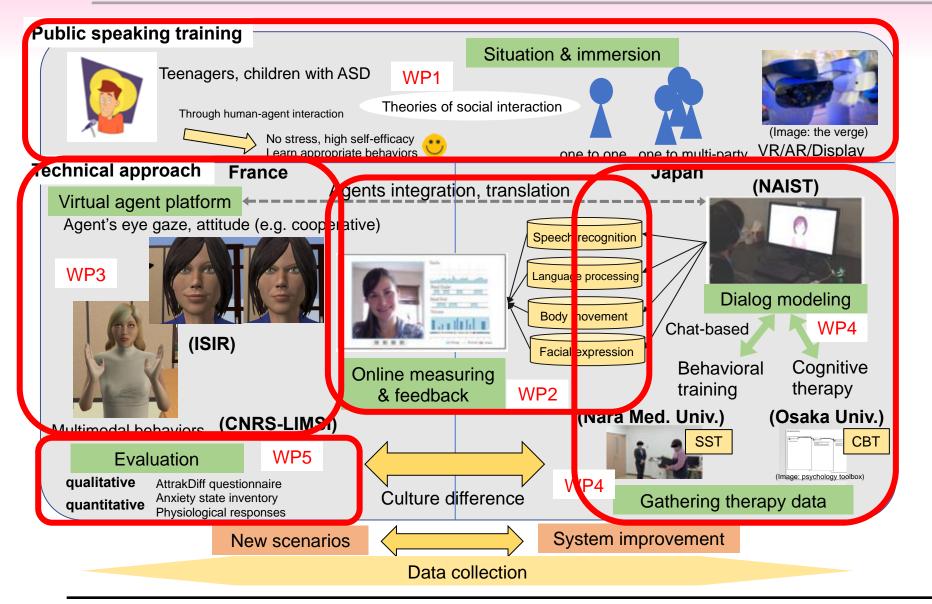


Nervous,

shameful



#### Overall framework



<u>Nakamura G NAIST</u> Satoshi Nakamura, Hiroki Tanaka

Hirokazu Kato, Yuichiro Fujimoto

Iwasaka G Nara Med. Univ.

Hidemi Iwasaka, Yasuhiro Matsuda, Kosuke Okazaki

Kudo G Osaka Univ.

Takashi Kudo, Hiroyoshi Adachi Yukako Sakagami

Pelachaud G (France CNRS-ISIR)

Catherine Pelachaud Donatella Simonetti

MARTIN G (France CNRS-LIMSI)

Jean-Claude MARTIN Elise Prigent Ouriel Grynszpan



## Social skills training (SST)

- Medically established method for behavior training for autism, and schizophrenia.
- ► Flow: Situation setting -> Modeling -> Role play -> Feedback -> Homework
- ▶ 1 period: 30 minutes or more x 10 times [Nara Med. Univ. 2018]



**Language:** words, expression, consistency, coherence, causality, etc.

**Speech:** pitch, speaking speed, filler, voice quality, amplitude etc.

**Image:** facial expression, gesture, posture, eye gaze etc.



# Cognitive behavioral therapy (CBT)

- Psychotherapy-based instructional method to change the cognitive schema
- Cognitive Reconstruction, Behavioral Activation, Situation Analysis, Problem Solving, Progressive Relaxation, Assertion, Schema Modification
- This study uses cognitive reconstruction
  - Situation setting -> Initial mood -> Automatic thinking
     -> Disapproval -> Adaptive thinking -> Change in mood -> Analysis (homework)
  - 1 period: 30 minutes or more (usually 4-50 minutes) x
     16 times

e.g. thinking note (column method)

		Cognitive Therapy Record	ECA Dialogue
	Situation	Pointed out my small voice in presentation, and weakness logicality by the audience.	Situation breakdown
	Initial score	Discouraged (80) Sad (90)	Describe emotion state
	Negative thinking	I am not able to present in front of audience. I am not good for this job.	Extract tendency
		My voice is small in general. I am not able to explain logically.	Extract evidence
•	thinking	There are many people who give a good presentation in small voice. It is possible to present logically if I prepare well in advance.	to guide for
	Change thoughts	I can give a good presentation even voice is small. I will prepare more in advance	Extract alternative thinking
	score	Discouraged (20) 、Motivated (8 0)	Recognize change of thoughts



### Summary

- Social Skill Training
  - SST for Autism
- Detection of early dementia
- New project
  - ANR-CREST: TAPAS project!

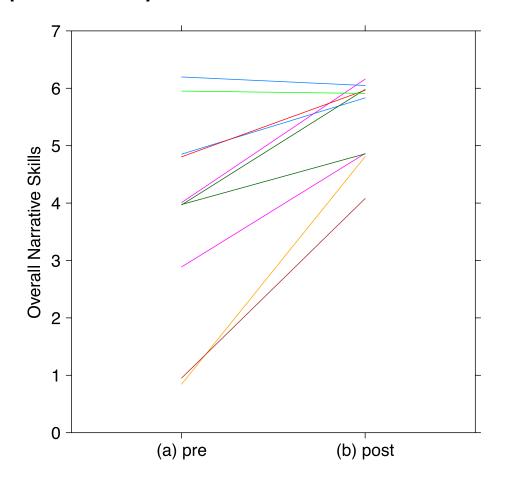


### Continue to J-C Martin!



### Children with ASD

- Communicate to unfamiliar person
- ▶ Pre-post comparison (p = 0.002, Cohen's d = 1.17)







### Cognitive reconstruction data

- Collecting interaction data between doctors and people with depression
- e.g. Beck & Beck cognitive therapy live session

